



BRIAN DANLEY FITNESS

RULES AND CONDITIONS

1. The base fee per session per client is \$95. Discounts are provided as noted in the “Session Fees” handout. **Fees are non-negotiable.**
2. A session is 60 minutes in duration including 5 minutes of warm-up and 5 minutes of cool-down time.
3. This contractual agreement may be terminated at any time by the personal trainer named above should the client fail to pay the session fee on time or because of insufficient funds available.
4. This contractual agreement may be terminated by the personal trainer named above should the client fail to be present more than one training session.
5. Obnoxious or disrespectful behavior toward the trainer is grounds for immediate agreement termination.

6. The client may cancel or terminate this contractual agreement either by written or oral request at any time during the period specified above. **Any fees paid after this agreement is signed are non-refundable. The trainer named above is under no obligation to refund any fees paid due to a client's failure to appear for a session.**

7. The client must be fully-clothed at all times when present for a workout session.

Workout attire, including shirts and shoes, must be worn on the workout floor. "Street clothes" (e.g., jeans) and open-toed shoes (e.g., sandals) are considered inappropriate workout attire. You will be warned once and asked to leave on your second visit if you are not appropriately attired.

I understand and agree to the itemized terms and conditions as stated above.

_____ (Client's initials)

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN ME AND THE ABOVE-NAMED PERSONAL TRAINER AND SIGN OF MY OWN FREE WILL.

Participant's name: _____

Participant's signature: _____

Date: _____